

## 510(k) Summary

JUL 02 2014

**Device Trade Name:** Flow-Nail

**Manufacturer:** Flow-FX, LLC  
19110 Darwin Drive  
Mokena, Illinois 60448  
708.390.2290

**Prepared by:** Musculoskeletal Clinical Regulatory Advisers, LLC  
1331 H Street NW, 12<sup>th</sup> Floor  
Washington, DC 20005  
202.552.5800

**Date Prepared:** June 4, 2014

**Common Name:** Intramedullary Fixation Rod

**Classification:** 21 CFR 888.3020

**Class:** II

**Product Code:** HSB

**Indications for Use:**

The Flow-Nail is intended to treat stable and unstable proximal fractures of the femur including pertrochanteric, intertrochanteric, and high subtrochanteric fractures and combinations of these fractures. The Flow-Nail can also be used to deliver injectable bone void fillers to a surgical site.

**Device Description:**

The Flow-Nail is a dynamic compression trochanteric nail system and includes an intramedullary nail, a sliding fenestrated lag screw, anti-rotation screw, cortical screws, a cap and accompanying surgical instruments. The Flow-Nail components are made of titanium alloy (Ti-6Al-4V) conforming to ASTM F136.

**Predicate Devices:**

The Flow-Nail was shown to be substantially equivalent to the Zimmer Natural Nail System (K120715 and K091566), Stryker Gamma 3 Nail System (K032244), and AOS Trochanteric Nail (K103533 and K021008). The Flow-Nail is compatible for use with injectable BVFs.

**Substantial Equivalence:**

The table below summarizes the substantial equivalence of the Flow-Nail to predicate devices with respect to its intended use, design, materials, available sizes, mechanical performance, and ability to deliver BVF to a defect site.

	Subject Device	Predicates		
	Flow-Nail	Zimmer Natural Nail	Stryker Gamma 3 Nail System	AOS Trochanteric Nail System (K021008)
Intended Use	Intended for temporary fracture fixation and stabilization of the bone.			
Indications for Use	The FlowNail is intended to treat stable and unstable proximal fractures of the femur including pectrochanteric, intertrochanteric, and high subtrochanteric fractures and combinations of these fractures. The Flow-Nail can also be used to deliver injectable bone void fillers to a surgical site.	Indications for the use of the Cephalomedullary nails include: - Compound and simple shaft fractures - Proximal, metaphyseal and distal shaft fractures - Segmental fractures - Comminuted fractures - Fractures involving osteopenic and osteoporotic bone - Pathological fractures - Fractures with bone loss - Pseudoarthrosis, non-union, mal-union and delayed union - Periprosthetic fractures - Surgically created defects such as osteotomies - Intertrochanteric and subtrochanteric fractures	The intended use of the subject Trochanteric Gamma 3 Nail is identical to that of the predicate Trochanteric Dyax and Gamma Nails. The product is intended for use in stabilizing various types of intertrochanteric fractures of the femur.	The AOS Trochanteric Nail is intended to treat stable and unstable proximal fractures of the femur including pectrochanteric, intertrochanteric, and high subtrochanteric fractures and combinations of these fractures.
Components	IM Nail; Lag Screw	IM Nail; Lag Screw	IM Nail; Lag Screw	IM Nail; Lag Screw
Materials	Titanium Alloy	Titanium Alloy	Titanium Alloy	Titanium Alloy
Nail Sizes	Within predicate range	A range of sizes to accommodate various patient anatomies	A range of sizes to accommodate various patient anatomies	A range of sizes to accommodate various patient anatomies
Lag Screw Sizes	Within predicate range	A range of lengths to accommodate various patient anatomies	A range of lengths to accommodate various patient anatomies	A range of lengths to accommodate various patient anatomies
Mechanical Performance	Mechanical testing demonstrates the substantial equivalence of the Flow-Nail relative to the identified predicates when subjected to static and dynamic compression bending loads.			
BVF Delivery	Yes	No	No	No
BVF Delivery System	The qualification testing (i.e., Injectability Testing, Experimental Void Fill Imaging Studies, Static Extraction Torque, BVF Property characterization), was performed with ETEX Beta-bsm and CarriGen (K062630, K072355, K090242, K101557).			



**DEPARTMENT OF HEALTH & HUMAN SERVICES**

Public Health Service

Food and Drug Administration  
10903 New Hampshire Avenue  
Document Control Center - WO66-G609  
Silver Spring, MD 20993-0002

July 2, 2014

Flow-FX, LLC  
% Ms. Michelle McDonough  
Senior Associate, Regulatory and Clinical Affairs  
Musculoskeletal Clinical Regulatory Advisers, LLC  
1331 H Street Northwest, 12<sup>th</sup> Floor  
Washington, District of Columbia 20005

Re: K140601

Trade/Device Name: Flow-Nail  
Regulation Number: 21 CFR 888.3020  
Regulation Name: Intramedullary fixation rod  
Regulatory Class: Class II  
Product Code: HSB  
Dated: June 4, 2014  
Received: June 5, 2014

Dear Ms. McDonough:

We have reviewed your Section 510(k) premarket notification of intent to market the device referenced above and have determined the device is substantially equivalent (for the indications for use stated in the enclosure) to legally marketed predicate devices marketed in interstate commerce prior to May 28, 1976, the enactment date of the Medical Device Amendments, or to devices that have been reclassified in accordance with the provisions of the Federal Food, Drug, and Cosmetic Act (Act) that do not require approval of a premarket approval application (PMA). You may, therefore, market the device, subject to the general controls provisions of the Act. The general controls provisions of the Act include requirements for annual registration, listing of devices, good manufacturing practice, labeling, and prohibitions against misbranding and adulteration. Please note: CDRH does not evaluate information related to contract liability warranties. We remind you, however, that device labeling must be truthful and not misleading.

If your device is classified (see above) into either class II (Special Controls) or class III (PMA), it may be subject to additional controls. Existing major regulations affecting your device can be found in the Code of Federal Regulations, Title 21, Parts 800 to 898. In addition, FDA may publish further announcements concerning your device in the Federal Register.

Please be advised that FDA's issuance of a substantial equivalence determination does not mean that FDA has made a determination that your device complies with other requirements of the Act or any Federal statutes and regulations administered by other Federal agencies. You must comply with all the Act's requirements, including, but not limited to: registration and listing (21

Page 2 - Ms. Michelle McDonough

CFR Part 807); labeling (21 CFR Part 801); medical device reporting (reporting of medical device-related adverse events) (21 CFR 803); good manufacturing practice requirements as set forth in the quality systems (QS) regulation (21 CFR Part 820); and if applicable, the electronic product radiation control provisions (Sections 531-542 of the Act); 21 CFR 1000-1050.

If you desire specific advice for your device on our labeling regulation (21 CFR Part 801), please contact the Division of Industry and Consumer Education at its toll-free number (800) 638-2041 or (301) 796-7100 or at its Internet address

<http://www.fda.gov/MedicalDevices/ResourcesforYou/Industry/default.htm>. Also, please note the regulation entitled, "Misbranding by reference to premarket notification" (21 CFR Part 807.97). For questions regarding the reporting of adverse events under the MDR regulation (21 CFR Part 803), please go to <http://www.fda.gov/MedicalDevices/Safety/ReportaProblem/default.htm> for the CDRH's Office of Surveillance and Biometrics/Division of Postmarket Surveillance.

You may obtain other general information on your responsibilities under the Act from the Division of Industry and Consumer Education at its toll-free number (800) 638-2041 or (301) 796-7100 or at its Internet address

<http://www.fda.gov/MedicalDevices/ResourcesforYou/Industry/default.htm>.

Sincerely yours,

Laurence D. Coyne -A

For Mark N. Melkerson  
Director  
Division of Orthopedic Devices  
Office of Device Evaluation  
Center for Devices and  
Radiological Health

Enclosure

#### 4. Indications for Use

510(k) Number (if known): K140601

Device Name: Flow-Nail

The Flow-Nail is intended to treat stable and unstable proximal fractures of the femur including pertrochanteric, intertrochanteric, and high subtrochanteric fractures and combinations of these fractures. The Flow-Nail can also be used to deliver injectable bone void fillers to a surgical site.

Prescription Use ✓ AND/OR Over-The-Counter Use \_\_\_\_\_  
(Part 21 CFR 801 Subpart D) (21 CFR 801 Subpart C)

(PLEASE DO NOT WRITE BELOW THIS LINE-CONTINUE ON ANOTHER PAGE  
OF NEEDED)

---

Concurrence of CDRH, Office of Device Evaluation (ODE)

Casey E. Hanley, Ph.D.  
Division of Orthopedic Devices